

# SAMPLE JOB DESCRIPTION

## General Statement of Duties

The position of athletic trainer is a full school year position. The duties of the athletic trainer include, but are not limited to, prevention of athletic injuries, recognition, evaluation, and immediate care of athletic injuries, rehabilitation and reconditioning of athletic injuries, health care administration, and professional development and responsibility. The athletic trainer serves as a liaison between physicians, coaches, athletes and parents. The athletic trainer ensures that players participate only when physically able and that any physician instructions are understood and followed. The athletic trainer will coordinate with the activities/athletic director to ensure that the athletic trainer will attend to the athletic training room and all required events.

## Position Requirements

1. The athletic trainer must be certified by Board of Certification (BOC).
2. The athletic trainer must be a member in good standing of NATA, their NATA District, and of their State Athletic Trainers Association.
3. The athletic trainer must have proper state licensure and/or registration.

## Specific Duties

In cooperation with the principal and the activities/athletics director, the athletic trainer must:

1. Develop a comprehensive emergency action plan for their specific facilities.
2. Initiate and administer an athletic training student aid program in accordance with the schools clubs and activities guidelines.
3. Establish a working relationship with a designated team physician and community physicians.
4. Complete (school systems) Blood Borne Pathogens Exposure Control Plan training and comply with the regulations therein.
5. Establish daily hours of operation for the athletic training room.
6. Provide athletic health care for home contests on a schedule cooperatively determined by athletic trainer and athletic director, as well as attend most varsity contests, non-varsity contests in football and varsity football away-games. Varsity and selected non-varsity contests will be worked based on the risk of the sports and the availability of the athletic trainer during a particular sport season.

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## Specific Duties (continued)

7. Practice attendance will be determined by athletic trainer and athletic director and will typically include daily attendance of varsity and non-varsity sports. This availability will be based upon injury risk of the sport and other mutually agreed upon factors.
8. Work selected post-season contests as determined by the athletic trainer and athletic director.
9. Provide for the prevention of athletic injuries through the application. of protective tapings, wraps, and braces, and assist in the design of practices to help to reduce the incidence of injury.
10. Advise coaches of flexibility, strengthening, and conditioning programs to help prevent injuries and optimize performance.
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